YFAMILY™
We build strong kids, strong families, strong communities.

YMCA of the Pikes Peak Region

Downtown YMCA Child Watch & Youth Center Member Information and Guidelines

Child watch – ages 6 weeks through 6 years

Hours: Monday–Thursday 8:30am–1:30pm & 3:30 pm– 8pm
Friday 8:30am– 1:30pm & 3:30 pm–6:45pm
Saturday 8:30am– 12:15pm

Youth Center – 5 years and older

Hours: Monday–Thursday 3:30pm–8pm
Friday 3:30pm–6:45pm
Saturday 8:30am –12:15pm
Youth Center additional morning hours will ONLY be offered during D-11 Spring Break, Summer Vacation & Christmas Break ONLY 9am –1:30pm

When the Child watch or Youth Center has no children ½ hour prior to closing, the area will close early.
Child watch & Youth Center is exclusively a member's only program. Your child must be on a household membership or youth membership to use and there is limited guest usage. See staff for guest details.

We welcome you the Downtown YMCA Child watch & Youth Center! The purpose of this flier is to acquaint you with the policies and guidelines. Please carefully read the following information.

NO OPEN FOOD IS PERMITTED IN ANY AREA, NO EXCEPTIONS.
Due to the variety of allergies and the range of reactions children can have to allergies, NO open food will be allowed in the Childwatch or Youth Center area. Any food, to include suckers, must be eaten in the hallways prior to entering the program area. NO food will be allowed beyond the Youth/Teen Center doors for the safety of each child or family that have life threatening food allergies and choking hazards. Children with gum will be required to throw it away.

SIGN IN AND SIGN OUT PROCEDURE
No child will be admitted without the parent's valid YMCA membership card or the child's card. Only parents and grandparents may utilize the Child watch. No nannies, babysitters, siblings, etc. No exceptions.

Every parent is required to take tag #, one for the diaper bag and one to wear on the parent. Provided is tape, stickers, and pens to label your child with name and tag # and to label cup and, bottles. Parents are responsible to check diapered children and complete all areas of the sign in sheet. Children will not be admitted into the programs until the sign in process is complete. Parent's, we ask that you DO NOT ENTER the Childwatch at any time and DO NOT have your child open the door. Staff will help as soon as they can. SAFETY FIRST!

COLORADO STATE LAW REQURES THAT THE PARENT MUST REMAIN INSIDE THE YMCA FACILITY WHILE HIS/HER CHILD IS IN THE CHILDWATCH & YOUTH CENTER. Failure to remain in the building **will** result in suspension and / or loss of Childwatch and Youth Center privileges.

Financial Assistance:

If you are unable to pay the full cost of YMCA membership or programs, you may apply for assistance based on your financial situation. Funds for financial assistance are raised through the YMCA Partners Campaign and come from generous individuals, businesses and the local community. * For more information, questions, comments or concerns please call Carrie Wieger at 329-7226

Our mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

WE EXPECT PARENTS TO AID IN THE COMFORT OF THE CHILD AND THE STAFF BY…

- Bringing children in with clean attire and shoes ON. Infants (non-walkers) are required to have feet covered with socks or shoes that must be put on by the parent.
- Checking your child's diaper **AT** the Child watch counter to be sure the child has a clean diaper. Change diapers in the hallway bathroom or locker room if needed. Only staff is permitted in the Child watch. Stations are located in each bathroom as well as girls and boys locker rooms. Parents are not permitted in Child watch.
- Ensuring the child is well fed or nursed BEFORE signed in. Bottles and cups are ok.
- Providing PLASTIC bottles, sippie cups, spare diapers, baby wipes and clean diaper bag. We cannot change diapers on children 3 years and older, cloth diapers or if wipes are not provided.
- Clearly labeling all bottles, or cups. Cups, bottles not labeled **BY THE PARENT** ARE NOT served to the child. Drinks are allowed but no food of any kind.
- Being sensitive to other children by not bringing in sick or unusually fussy children into Child watch.
- Remain in the building in the area you designated on the sign in sheet. Please notify Child watch if you are going to be in a different area than you have designated. If this policy is not followed your membership is subject to suspension and/or termination.

- **YOU CAN EXPECT THE STAFF TO…**
- Work with you to help your child feel secure and welcome in our facility.
- Provide a positive social experience for your child.
- Provide a safe, quality supervised environment for your child.
- Every staff is current with CPR/AED and First Aid certification and participates with ongoing trainings.

LATE PICK UP POLICY

Our staff members work full and often tiring shifts, and in many cases they must go home to take care of a family too. We ask that you respect our closing time. If this policy is not followed your membership is subject to suspension and/or termination. Please note the 2 hour maximum time limit per day which is strictly enforced.

ILLNESS AND DISEASE

DO NOT BRING A SICK CHILD TO THE YMCA CHILDWATCH where infection may be spread to others. This includes unusual fatigue, coughing, sneezing, runny nose and eyes, fever, vomiting, diarrhea, and sore throat regardless of the cause. THE CHILDWATCH STAFF RESERVE THE RIGHT TO REFUSE A CHILD THAT APPEARS ILL.

CRYING OR UPSET CHILDREN

For the comfort and best interest of your child and others, it is our policy to come get you if your child cries for more than 10 consecutive minutes. Although this policy may interfere with your personal workout needs, our goal is to provide a positive experience for all the children.

DISCIPLINE

Discipline at the YMCA is based on an understanding of the child's individual needs and stage of development. Our goal is to develop self-discipline, responsibility for self, and respect for others. It is used on the use of positive reinforcement, reasonable expectations, logical consequences, distraction and diversion, and, if necessary, supervised removal from the group for short periods of time. Physical punishment is *never* administered.

EMERGENCY PROCEDURE

If an emergency should occur that requires the YMCA to evacuate, staff will escort all children outside through the Bijou exit doors and across to the First Presbyterian lobby where you may meet your child. In the event of an injury or accident involving your child, appropriate first aid measures will be taken immediately by staff and you will be paged to the Child watch.

BATHROOM POLICY

Children who are being potty trained will be directed to the bathroom. Staff will not accompany children into the bathroom and they may not assist with bathroom functions or changing clothes. Children in diapers 3 years and older must be changed by the parent. If a child has a bowel movement while in our care and diapers AND wipes are not provided by the parent, we will immediately retrieve the parent to change the child for their comfort and well being. Parents are not permitted access or allowed to accompany their child to the Child watch bathrooms but are welcome to utilize the hallway or locker bathrooms if they need to accompany their child.

**Thank you for your cooperation and patience with our policies. We look forward to seeing you and your family every day!*